

## Your Endoscopy Location:

- David H Koch Building  
Endoscopy Center  
1283 York Avenue, 8<sup>th</sup> Floor  
New York, NY 10065
- New York Presbyterian Hospital  
Central Endoscopy Suite  
525 East 68<sup>th</sup> Street, 2<sup>nd</sup> Floor  
Greenberg Pavilion  
New York, NY 10065
- Lower Manhattan Hospital  
Endoscopy Suite  
170 William Street,  
2<sup>nd</sup> Floor  
New York, NY 10028

### CANCELLATIONS

Scheduling your endoscopy requires careful planning between the staff, doctors, and hospital. To help avoid delays, it is important that you follow the “Getting Ready for Your Endoscopy” guide and schedule.

If you must reschedule or cancel, please call us at least 3 days before your endoscopy at 646-962-4000 or email us at [endoscopyquestions@med.cornell.edu](mailto:endoscopyquestions@med.cornell.edu).

An Endoscopic Ultrasound Procedure is a medical procedure that combines regular endoscopy with ultrasound to obtain images of the internal organs of the gastrointestinal system (esophagus, stomach, duodenum, pancreas, hepato-biliary system, pancreas, and colon). A small, flexible tube with a camera is placed through the mouth, down the esophagus, and into the stomach and small intestine. If any abnormalities are observed, your physician may take a sample of tissue, called a biopsy, for analysis. You will receive a sedative to make you asleep and comfortable before the procedure





One (1) Day Before Your Exam:

- x You may eat your regular breakfast, lunch, and dinner the day before your exam. However, if you have gastroparesis or take a GLP-1 receptor agonist such as Semaglutide (Rybelsus, Ozempic or Wegovy), Liraglutide (Victoza or Saxenda), Exenatide (Byetta), Dulaglutide (Trulicity), Exenatide (Bydureon BCise) or Tirzepatide (Mounjaro, Zepbound) you must be on a clear liquid diet the day before your exam.

Day of Your Exam:

- x Do not eat anything
- x You may have a small amount of clear liquids until 2 hours before your appointment
- x You may take your regular medications, unless instructed otherwise by a doctor, with a small sip of water

## BEFORE YOUR ENDOSCOPY

When you arrive, you will be asked to register and sign several forms. You also have the option to check-in online through MyChart. You will need to state and spell your name and date of birth to verify your identification.

After changing into a hospital gown, a nurse will place an intravenous (IV) catheter in your arm. An anesthesiologist will review your medical history. Your doctor will explain the procedure in more detail including any risks and answer any questions you have.

You will be brought into the procedure room and attached to equipment that will monitor your heart, breathing, and blood pressure. You will receive oxygen through your nose. You will be given anesthesia through your IV, which will make you fall asleep. The doctor will use a scope to examine your esophagus, stomach, and small intestine. If biopsies are performed, they will be sent to the lab.

## AFTER YOUR ENDOSCOPY IN THE RECOVERY ROOM

You will wake up in the recovery room. Some people may feel bloated or have stomach cramps after an endoscopy. This is normal and goes away by passing gas.

Once you are fully awake, your nurse will remove your IV. Your doctor will then discuss your procedure results. Your nurse will explain your discharge instructions before you go home. Your escort will then take you home.

## AT HOME